About

The Breast Cancer in Young Women (BCYW) Foundation is a non-profit, tax-exempt, International organization in Colorado, USA. The Foundation is a coalition of compassionate breast ambassadors, scientists, health advocates, nurses, and breast cancer survivors from 20 Countries with a shared agile purpose to make a difference in the lives of young women with breast cancer.

Mission

To save the lives of young women by promoting awareness, facilitating the early detection and treatment of breast cancer, and funding advanced research, and thus, building a future free of breast cancer for young women.

Vision

The Breast Cancer in Young Women Foundation's vision is to create a reality in which the death of a young woman from breast cancer becomes a rare event.

Why Support The Foundation?

- We are a unique, physician-scientist-advocate-led team of pioneers in breast cancer treatment and research, and promoting awareness.
- To help fund advanced BCYW patient research
- To educate young women on the importance of breast health and self-breast care.
- To raise awareness every day beyond October.

https://www.breastcancerinyoungwomen.org bcywf@breastcancerinyoungwomen.org

































BREAST CANCER IN YOUNG WOMEN

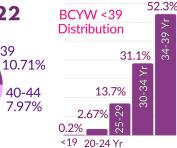
BREAST CANCER

- Number one cancer in women.
- Impacts females of all age groups.
- Number one cancer in women under 39-yr.
- Leading cause of cancer deaths in women under 39 years.



GLOBAL BREAST CANCER 2022





WHY YOUNG WOMEN?

- Causative and biological reasons, and role of modifiable life-style variables not fully known - more research is needed!
- Polygenic nature?
- About 15% linked to genetic reasons.
- About 85% unrelated to family history.



UNIQUE CHALLENGES FOR YOUNG WOMEN











Career Disruption

Economic Issues

Social Issues

Family

Fertility Concerns

BREAST CANCER SYMPTOMS-EXAMPLES

- Breast lumps, thickening, breast dimpling.
- Breast swelling, redness, or pain.
- Unusual breast changes size, shape, or skin.
- Unusual nipple changes inverts, discharge, etc.
- Symptoms of cancer spreading, e.g., bone pain, and neurological issues.

BREAST SELF-CHECKS AND CARE

- Be breast aware, know what's normal for you.
- Inform yourself about breast self-checks.
- Check both breasts regularly, usually once a month about a week after your period when the breasts are less dense.
- Breast tissue stretches under the armpits to the collarbone.
- Catch breast cancer early before it catches you.

DO NOT IGNORE - PAY ATTENTION

- If you notice any unusual breast changes, consult your healthcare provider. Early detection generally leads to better treatment and outcomes
- Check your breasts! Breast self-checks help you find early lumps that may be benign or require further testing.
- Discuss known family history with your health care provider. Preventive screening and monitoring may be provided.
- Connect with other young women diagnosed with breast cancer. Peer support can help you with your breast cancer journey.

BREAST CANCER AWARENESS **BREAST SELF-CHECKS & CARE** PREVENTIVE SCREENING ADVANCED RESEARCH **EARLY DETECTION**



https://breastcancerinyoungwomen.org/